

SUPPLEMENTAL MATERIALS

Supplementary Table 1. Questions of the questionnaire in Chinese and English.

1. Do you have difficulty in understanding Chinese? If yes, please fill in the relevant conditions after the option "Yes".
2. Name
3. Gender
4. Age (years)
5. Height (cm)
6. Weight (kg)
7. Your type of inflammatory bowel disease?
8. Age at diagnosis of inflammatory bowel disease
9. Time since first symptom onset (years or months, e.g., "2 years", or "3 months")
10. Education
11. What is your current residential address?
12. Smoking history (if you have quit smoking, please put the length of time you have quit smoking after the appropriate option)
13. Do you have a history of bowel-related surgery, including small intestine, colon and rectum
14. Number of hospitalizations (per year)
15. Presence of extraintestinal manifestations
16. Presence of complications of inflammatory bowel disease (including toxic megacolon, carcinoma, colonic hemorrhage, intestinal perforation, intestinal obstruction, etc.)
17. Your current level of abdominal pain (last 24 hours)
18. The number of times you have diarrhea (last 24 hours)
19. Whether you have an abdominal mass

Supplementary Table 2. Search terms.

Database	Access Date	Search Terms
PubMed	January 2023	(Inflammatory bowel disease OR Crohn's disease OR ulcerative colitis) AND (Retrospective OR Clinical Features OR Analysis OR Incidence OR prevalence OR epidemiology) AND (China OR Chinese)
China National Knowledge Internet	January 2023	(Inflammatory bowel disease OR Crohn's disease OR ulcerative colitis) AND (Retrospective OR Clinical Features OR Analysis OR Incidence OR prevalence OR epidemiology)
Wanfang	January 2023	(Inflammatory bowel disease OR Crohn's disease OR ulcerative colitis) AND (Retrospective OR Clinical Features OR Analysis OR Incidence OR prevalence OR epidemiology)